



Viseisei Sai Health Centre
LOVE ALL, SERVE ALL

Viseisei Sai Health Centre

ANNUAL REPORT 2016



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Viseisei Sai Health Centre Trust

VSHC Trustees

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MBBS, MH Ed, FRANZCOG
Professor of Obstetrics & Gynaecology,
Fiji National University and Lautoka
Hospital

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and Lautoka Hospital

Mr. Vinod Patel

Company Director
Vinod Patel & Company Ltd
Fiji

Mr. Dev Mishra

Company Director,
Western Diesel Services,
Fiji/Australia

Mission: *"To provide a community health service by mobilizing resources and collaborating with the community, government and NGO's to provide free quality health service with an emphasis on health promotion and disease prevention".*

Vision: *"To make quality, comprehensive health care accessible to all regardless of race, religion or socio economic status so that everyone can enjoy good physical, mental and spiritual health".*

Chairman's Report

Cyclone Winston, perhaps the worst in Fiji's history, caused devastation with its wind gusts of about 300 KPH. The aftermath saw suffering that has persisted. Many families lost their homes, community services including health were severely affected. The Disaster management command (DISMAC) asked Viseisei Sai Health Centre (VSHC) to assist in reestablishing health service at Nanukoloa Health Centre, Ra Maternity Hospital and Waimaro Nursing Station. These facilities were in the path of the cyclone and were severely damaged. VSHC was able to use its mobile clinic van, and together with students and staff from the Fiji National University helped all 3 facilities return to provide emergency services within one week. Teams from VSHC provided food provisions and clinical services to the most affected areas for about 2 months.

The cyclone did significant local damage around Viseisei but the Health Centre building came out unscathed. There was however, major damage to the cottage which has been used as project office space. This necessitated in replacing the whole roof and we are grateful to Budyong and Leslie Hill who came from New Zealand with their 2 friends to undertake this work. We were affected by the disruption in electricity as almost all power lines in the West were damaged. VSHC Trust bought and installed a diesel generator so that the Health Centre was able to remain functional.

The year started with the commencement of a new European Union (EU) funded project entitled "Collective Community Ownership of Health and Social Issues" (CCOHSI). The funding arrangements have committed the VSHC Trust to about \$120,000 in co funding and the provision of other resources. However, the Trustees are committed to their vision of empowering the community to enjoy wellness. The title of this project tells a story in itself about the evolution of VSHC. The Health Centre is not merely about providing free, quality, equitable, holistic health care without discrimination to all but it is about encouraging individuals and the community to take ownership of lives so that they can enjoy wellness in body, mind and spirit. The CCOHSI project is a follow up on a previous EU funded project directed at empowering rural women and girls about their reproductive health. Its strategies are based on lessons learnt by VSHC since its inception in 2011. We have learnt that collective community ownership of its health and social challenges requires awareness raising, identification of champions from within the community and then helping the community to prioritize their concerns and formulate strategies for dealing with them. We realize that good health requires an informed, motivated individual who can exercise discipline in making life style choices. The individual is influenced by their family and the community they live in. Unfortunately people continue to make wrong choices in what they eat, drink, breathe and do. The consequence of these choices is the high level of NCDs.

February saw the start of the last 10 months of a 4 year cycle of project funding from the Fiji Community Development Program (FCDP) amounting to about \$640,000. The main thrust of this work has been to empower the communities of the Viseisei Health Zone to avoid life style health risk factors which cause NCDs and other health problems. This partnership has yielded many gains which have a good chance of being sustained.

The year saw a further growth in outpatient numbers to over 17,000 consults with a daily average of 100 patients. In addition 30 were seen in the special outpatient's clinic. These numbers show that VSHC fulfills an important role in clinical services in the Lautoka/Yasawa subdivision. The Ministry of Health has allocated a doctor and 4 nurses to provide these services. The Viseisei Health Zone has about 6000 people. During the year we had 63 births and 32 deaths.

Of the 1953 women in child bearing age 524 were using contraception and 466 women had pap smears performed.

VSHC thanks Dr Krishan Naidu and his team comprising of Zone Nurse Shivani Lata Siwan and Clinical Team of Neelam Kanta, Manita Krishna and Shomal Shristika.

VSHC was privileged to have the EU Ambassador, Andrew Jacobs launch the EU project and the Australian High Commissioner, Margaret Twomey celebrate the gains made from the 4 year FCDP partnership.

Dato Jagadeeshan, a senior Malaysian Sai devotee visited Fiji in April to run a series of workshops around the country. We were blessed to have him visit us and run a half-day session on work ethics.

I wish to thank the Medical Director Associate Professor Swaran Naidu, our fellow trustees Mr. Ashok Kumar, Mr. Vinod Patel and Mr. Dev Mishra for their guidance, leadership and support during the year. The Ministry of Health especially Dr. Isimeli Tukana and Susana Nakalevu and the Fiji National University, especially the Chancellor Mr. Iqbal Jannif and the Dean Assoc. Prof William May have continued to be supportive. We thank our development partners for their financial assistance and our project staff who have implemented the projects. To Saral, Ashna, Sukhu and Latchman thank you for the day to day running of our activities. Most importantly we would like to thank the community for allowing us to work with you.

VSHC was established through the blessing of Sai Baba who continues to grace us with his guidance. Swaran and I are humbly grateful to Him for allowing us to undertake this journey.

Professor Rajat Gyaneshwar

Front Desk Annual Report

Bula!

Greetings to the readers of Viseisei Health Centre Chronicle 2016. As the receptionist of the Viseisei Health Centre, 2016 was a challenging year for all but included many learning opportunities and enjoyable experiences. With God as our source of supply for our needs, I can faithfully say that this year was a blessing and a successful one even though there were a lot of rotation in front desk staffs.

Our goal was purposeful and that is to serve others which included the surrounding community and especially the patients that are under our care. This year also saw a number of staff movements in the Centre. We have had highly skilled training medical students from Australia and the US and it was very encouraging to see the community members taking part in promoting wellness in the community. The credit goes to the women who were willing to join the Community Health Workers (CHW) Program.

The Centre does not only cater for the people within Vuda Zone but as far as Ba and Suva. Each day, we attend to 60 patients in the morning and 40 in the afternoon. At times the numbers also exceeded more than 100 patients per day.

Along the journey there were numerous improvements in the Centre especially with the patient Queue Management System. This has made the work easier and it saves time as well. The staff members, specifically the doctors and the nurses have showed keen interest in their respective field which is seen through the number of patients we have been seeing.

Finally, I would like to thank the management for their continuous support throughout the year and acknowledge the sacrifice, hard work, cooperation and team work rendered by the Viseisei Sai Health Centre staff members.

Selai Leba
Receptionist, Viseisei Sai Health Centre

VSHC Clinical Report

Patient care is our focus.

At Viseisei Sai Health Centre, we are united by our focus in providing quality primary healthcare to our patients.

We have a delightful clinical team that are supported by a comprehensive quality and clinical governance framework, enabling us to achieve milestones thus subsequently having provided over 17,000 consultation in 2016.

We are proactively managed on sound principles and have become a centre for excellence in primary health care.

In 2016, we successfully introduced and launched a one of a kind 'Queue Management System' that is distinct to the health care services in Fiji and makes our patient service area more informed. VSHC also extended its pharmacy and refurbished the waiting area to cater for the growing number of patients.

This year, the centre also received two additional clinic nurses from the Ministry of Health & Medical Services which attributes to the growth of comprehensive primary and preventive health care for the people of Viseisei.

Managing pharmacy operations at VSHC remains a constant challenge and we hope to acquire additional staffing of a pharmacy assistant, along with health promotion officers, dietitians and counsellors who all are pivotal in providing holistic, quality and efficient health care.

The VSHC Trust continues to provide transportation support for the clinical team as transportation is an important determinant and the availability of reliable transportation is beneficial.

The clinical team was also privileged to be part of 'VSHC for Ra' program following the devastating effects of TC Winston. The team assisted with health assessment of evacuation centres severely affected by TC Winston.

The clinical structure at VSHC remains paramount and I would like to recognise and thank the Medical Director's and VSHC Trust for their extraordinary support. Also, I would like to thank the clinical staff, Ministry of

Health & Medical Services and all hard working staff for their dedication and performance.

Looking to the future, I believe that Viseisei Sai Health Centre is well positioned to continue growing.

Yours sincerely

Dr Kris Naidu

Medical Officer-in-Charge



(LR- Dr. Krish Naidu, Ajnesh Kumar and his mother)

The VSHC clinic also helped in organizing a medical surgery in Asuralia for 16 year old Ajnesh kumar. Ajnesh was suffering from extraordinary medical condition known as "Congenital Torticollis". The health centre made contacts with Rotary Oceania Medical Aid for Children- (ROMAC) and the surgery was done in Gold Coast Hospital in Brisbane Australia.

Statistics from VSHC Clinic Record

Demography

	Itaukei	Indo Fijians	Total
Population	2424	3451	5875
Child Bearing Age (CBA)	808	1145	1953

Birth/Deaths

	Itaukei	M	F	Itaukei /1000	Indo Fijians	M	F	Indo Fijians / 1000	Total	Total / 1000
Total Births	49	25	24	8.16	14	7	7	2.3	63	10.46
Total Deaths	15	8	7	2.5	17	14	3	2.83	32	5.33
NCD Related	15	8	7	2.5	17	14	3	2.83	32	5.33
CD Related	-				-				-	
Other Deaths	-				-				-	

Note: Total birth rate for Fiji in 2016 was 19.7 per 1000.

Death rate for 2015 was 7 per 1000

Family Planning

New Acceptor – Itaukei – 18

-Indo Fijian- 34

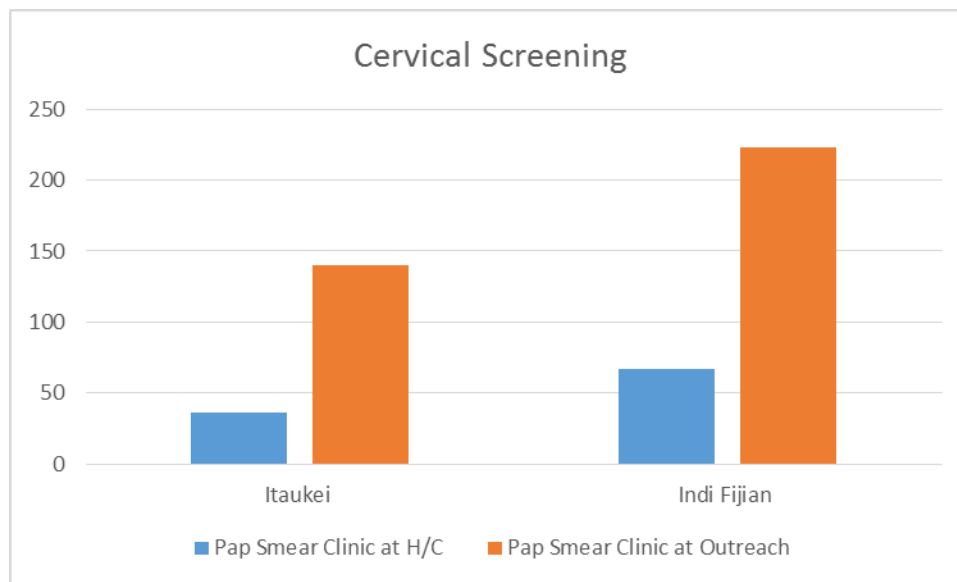
Total Acceptors- Itaukei- 312

Indo Fijian -212

Methods	Itaukei	Indo Fijians	Total
Oral contraceptives pills	15	28	43
Depo Provera	89	35	124
Ovulation Method	-	-	-
Tubal ligation	7	2	9
Jadelle	77	26	103
Vasectomy	-	-	-
Condoms	156	89	245
IUCD	-	-	-
Total	344	180	524

Cervical Screening

	Itaukei	Indo Fijians	Others	Total
Pap smear clinic at Health Centre	36	67	-	103
Pap smear clinic at Outreach	140	223	-	363
Total	176	290	-	466





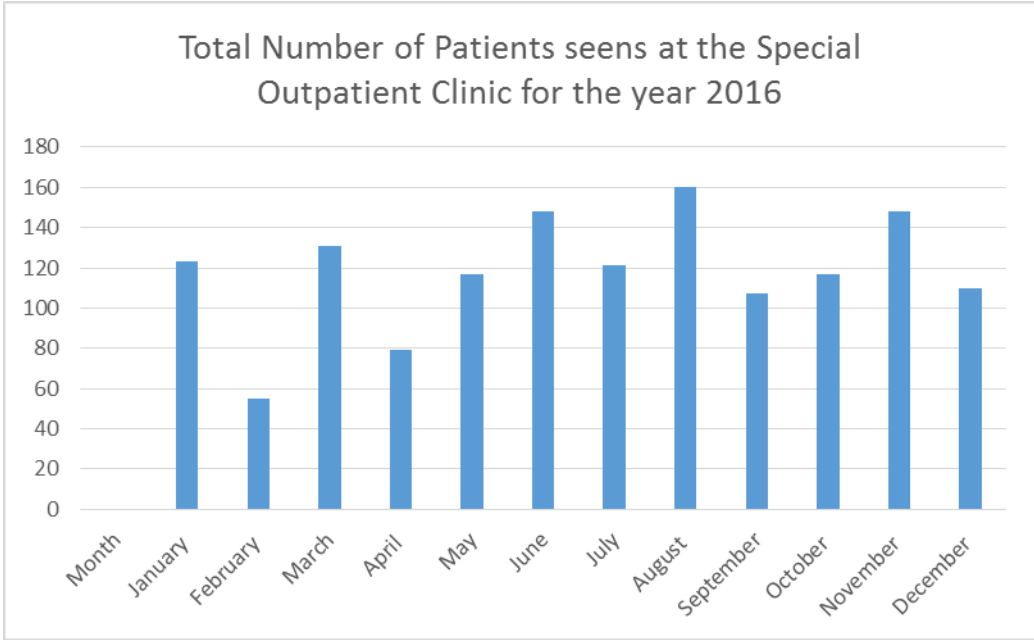
Staff Nurse Shivani and Trainee Intern Shashank during an outreach in Lomolomo Village

Breast Feeding

	Fijians	Indians	Total
Target 0-6/12	564	266	830
Exclusive B/F	372	130	502

Total NCD Outpatient Clinic Numbers

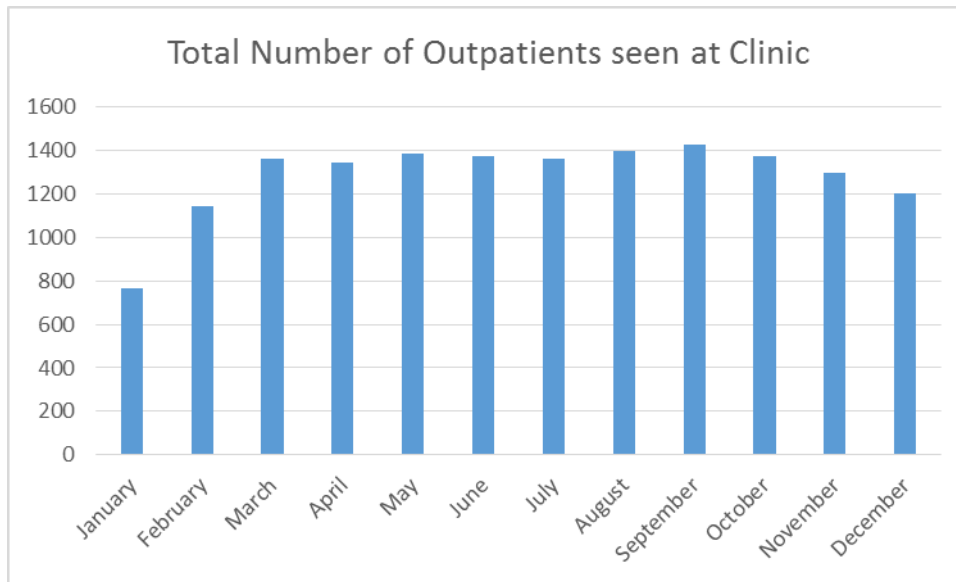
Month	Total
January	123
February	55
March	131
April	79
May	117
June	148
July	121
August	160
September	107
October	117
November	148
December	110
Total	1416



Total Number of Outpatients seen at Clinic

Month	Total
January	765
February	1143
March	1362
April	1342
May	1381
June	1370
July	1359
August	1398
September	1422
October	1369

November	1294
December	1201
Total	15,406



WELLNESS Teams Report-2016

Reaching out to the Community

“To make quality, comprehensive health care accessible to all regardless of race, religion or socio economic status so that everyone can enjoy good physical, mental and spiritual health”.

This vision has changed as we have learnt more about the health situation in Fiji. The key to good physical, mental and spiritual health is to **empower the communities** to become more resilient by taking charge and responsibility for its own wellness. The strategy to achieve this rests with **health promotion**. VSHC has a strong commitment to work with the community so that the community is more aware of health issues which contribute to the increasing burden of NCD's in Fiji. Lifestyle risk factors for these diseases are well established and yet the community continues to eat the wrong food, not enough exercise, drink excessive amounts of alcohol and kava and smoke. **These bad habits start in childhood and persists throughout the life.**

VSHC has made some progress in its efforts to empower the community and these efforts have been assisted by **funding from the European Union and the Australian Government**. We will elaborate on this in the following paragraphs.

“Strengthening rights of rural women and girls in Reproductive Health (RH)” was the first project that VSHC began with in collaboration with European Union. The project was conducted between November 2012 and December 2014 in the rural Nadi, Lautoka and Ba communities. As part of this project a knowledge attitude, barriers and practice survey was conducted. 1505 women were recruited of this 70% had no knowledge of reproductive health issues such as cervical cancer and its prevention. This survey demonstrates the need for projects such as this to be undertaken in the community as the MOH has identified reproductive health issues such as contraceptive uptake rates and cervical cancer rates as major health challenges. This project has been about empowering women to exercise their health rights by providing them with information and outreach clinical services in family planning and contraceptive use.” On the learnings of the previous project, VSHC was successful in a new project funded by the EU which commenced in 2016.



Collective Community Ownership of Health and Social Issues

The Viseisei Sai Health Centre is well known for primary health care prevention. The team is also working on another project to empower 30 communities in between Tavua and Nadi. The project is entitled the “Collective Community Ownership of Health and Social Issues”. The CCOHSI project started in January, 2016 and is funded by European Union (EU) and VSHC in partnership with Empower Pacific (EP). The project aims to strengthen VSHC to empower existing community structures and leaders to take ownership of and express their need to tackle health and social issues which impinge on human rights and socio economic productivity within their communities.

The project objectives are:-

1. To establish an enabling environment for VSHC and EP to work with local authorities (LA) through inclusive policy making, to address targeted health and social priorities in Reproductive Health (RH), Non Communicable Diseases (NCD), Gender Based Violence (GBV) and Child Protection (CP) in the Ba Province, Fiji.
2. To enhance the capacity of communities in Ba province to support sustainable improvements in specific modifiable lifestyle risk factors in health and social indicators by empowering leaders and community structures.

These actions will enhance the capacity of community leaders such as the Ba Provincial Council (BPC), District Officer (DO), Turaga ni Koros (TnK), Advisory Councilors (ACs), Women and Youth leaders, Faith Based Organizations (FBO) and school teachers. Community Health Workers (CHW) will also be trained and existing CHWs will be revitalized. Wherever Health Committees (HC) do not exist, new ones will be established and all will be empowered with accurate information and knowledge so that they initiate a collective movement for change for the betterment of their societies.

The project area covers 30 areas from the Ba province. The communities have been selected and scoping exercise is currently being undertaken.



The CCOHSI Project was officially launched by European Ambassador His Excellency Mr. Adrew Jacobs on 17th June, 2016.

Project Activities

From April, 2016 workshops for zone nurses, community health workers (CHWs) and stakeholders were undertaken to inform and upskill them in assisting the CCOHSI team and the communities to take ownership of health and social issues. So far 19 workshops have been completed, 33 CHWs trained, 23 Zone nurse's upskilled and 306 stakeholders' upskilled/ informed about issues.

Community outreach education/health promotion activities have been conducted in 27 communities on Non-Communicable Diseases (NCD) reaching out to 2344 individuals. Sexual and reproductive health awareness and advocacy was also carried out reaching out to 1927 individuals. 2428 individuals were educated about Social issues (SI).

Screening and provision of clinical services on Non-communicable diseases (NCD) for 1255 individuals. 433 individuals were screened for Sexual and reproductive health (SRH). 180 individuals were counselled for Social issues (SI) and 139 referrals were made to the Health Centre's or hospitals for further care.

A baseline survey (research) of knowledge, attitude, practice and barriers (KAPB) on lifestyle risk factors for NCDs has been conducted on 725 individuals. Repeat survey will be conducted after project activities are completed in communities to ascertain change in KAPB.

Third party financing for community development projects have been initiated in 15 communities on health and social issues and most of these projects are ongoing at this stage. All these communities now have active health committees as well. The team has conducted 21 CDP activities with 264 individuals who had carried out activities in their communities. 7 communities have active volleyball sessions, 12 communities have carried out their clean-up campaign, 5 communities have carried out their waste management workshops and 8 communities are working on backyard gardens.



Zone Nurses and Community Health Workers Workshop



Community Outreach Sessions



One to one counselling on social issues by Professional Counselor Nisha Khan.



Stakeholder's consultation meeting by Professor Gyaneshwar and Health Promotion Officer Koroi

Achievements

Within a short period of time, the project has achieved a lot of things. 12 staff are able to deliver the actions required from the project to the target group. 28 CHW's understand the project and are responding well to the training and requirement of the project. The identified Community / Zone Nurses are supportive to the project aim as it supports their work as well. Most of the community leaders have been engaged at supervisory level (Ministry of Provincial Development and ITaukei Affairs Ministry) during engagement meetings. Whist this was done meetings were also organized directly with community leaders; Turaga ni Koro / Health Committees etc. by the project team. 28 communities have been made aware on the reasons of the project in the 15 community stakeholder workshops. 16 Communities have actually identified health issues and are able to draw up community development project proposals with assistance from the project team and are currently in the process of implementing their CDP's. 28 communities and their CHW's and Health Committees are able to draw up action plan from the result of the screening.

The TEAM consists of:

Team Leader and Gynaecologist: Dr Swaran Naidu

Project Manager: Mosese Baseisei

Research & M&E Officer: Jyotishna Naidu

Nurses: Staff Nurse Amelia Ake, Sr Diakisi Daivalu

Health Promotion Officer: Seremaia Koroi

Health Educators: Warsha Prakash

Professional Counsellor: Nisha Khan

Social Worker: Rusiate

Data Entry: Roshni

Driver: Achu Dass

NCD Team Report

The Viseisei Sai Health Centre in partnership with the Australian Governments **Fiji Community Development Program** worked to empower the communities in the Vuda Health Zone to take charge of maintaining good health and avoiding those factors which cause Non Communicable Diseases like diabetes and heart disease. This was a 10 months project entitled “Empowering Communities for Wellness in the Vuda Health Zone”. The FCDP has been working closely with VSHC since 2013. This partnership came to an end on 30th November, 2016. This partnership included funding of about \$640, 000 which allowed VSHC to train and support 15 community health workers and to employ Health Educators and Health Promotion Officers to work with the community to promote wellness.

The project team showed great commitment and they were prepared to work at nights and weekends in order to capture those members of the community who were working during the day. The achievements of the team were showcased at the end of the collaboration between the Viseisei Sai Health Centre and the Fiji Community Development Program on 21st November, 2016. This function was attended by over 200 members of the community at which children from five schools took part in an oratory competition, drama presentation on health issues, and poster presentations. The different components of the project were also presented by the project team in the form of posters. The Chief Guest was the Australian High Commissioner HE Margaret Twomey. Ms. Twomey. Other dignitaries included, Momo Levu na Tui Vuda, Adi Senitiki, Vice chancellor of University of Fiji: Mr Iqbal Janif, Acting Dean, Mr. William May, National NCD Advisor Dr Tukana, DMO western, District Officer and Empower Pacific staffs. In her speech HE Twomey said “***I have been especially impressed to read of the achievements:***

- ***Families and communities are taking steps to eat healthier meals after receiving information about cooking methods, use of less salt and sugar, and using more vegetables and fruits in their diet.***
- ***More people are physically active growing their own vegetables, exercising, playing volley ball and joining zumba groups.***
- ***NCD clients have access to quality clinical services close to where they live. This improves management of diabetes and hypertension thus reducing complication rates***

*These achievements are a testament to the VSHC team and leadership which comprise hard working dedicated doctors, nurses and health promotion officers. **You have done a good job. I thank you for your efforts in providing quality holistic health services”.***



HE Margaret Twomey presenting a certificate to a school girl orator from Lomolomo Public School on 21st November 2016 at Iloilovatu House.

Summary of Project Achievements- should be in appendix.

Activity	No. of Sessions	Total Participants
Health Cooking Demonstration	9	135
Community Education sessions	85	2414
NCD & SRH Screening	84	1736
Backyard Gardens	20	183
Physical Activity Sessions	29	1119
Professional	13	40

Development Activities		
Compost Demonstration Sessions	20	226

- ✓ Of the 15 community health workers trained 12 remain active.
- ✓ There is greater awareness amongst health centre staff about the difference between health education and health promotion.
- ✓ Project staff have been trained in monitoring and evaluation and project management.
- ✓ Links based on trust have been established with the community and stakeholders such as the Ba Provincial Council, the District Commissioners Office and the Education Department.
- ✓ The 5 schools in the Vuda Cluster are engaged in promoting wellness. A shield has been donated for an annual competition for the best health promoting school.
- ✓ In collaboration with the teachers a booklet has been produced for teachers about wellness “A Guide to Lifestyle Choices”.
- ✓ The scout movement has established a merit badge for backyard gardening.
- ✓ 183 new backyard gardens have been established- almost every household in Lauwaki Village has a backyard garden.
- ✓ 615 High Risk patients have been attending a regular clinic and their risk for a cardiovascular event has been identified using the PEN score. This will help VSHC identify patients for closer monitoring to reduce their risk of a heart attack or stroke.
- ✓ The following papers were published :
 - Rajat Gyaneshwar, Swaran Naidu, M Z. Raban, Sheetal Naidu, C Linhart, Stephen Morrell, Isimeli Tukana and Richard Taylor; Absolute cardiovascular risk in a Fiji medical zone (BMC-Public Health 2016: (DOI 10.1186/s12889-016-2806-6 9accepted for publication in February Journal).
 - “A Guide to Lifestyle Choices for Wellness”. Edited by R Gyaneshwar and S Naidu for the NCD team.
 - Healthy Staff and CHW Toolkit. Cooper Danielle for NCD team.
 - Healthy Recipe Cook Book. Edited by Chand Rylene for NCD team.
- ✓ Video produced by FCDP highlighting the CHW program at VSHC
- ✓ Radio interview with R Gyaneshwar on ABC Pacific Beat on 23/11/16.
(Please refer to www.viseiseihealth.org for video and radio interviews.)

Pictures



Health Educator Tora a retired school teacher using a flip chart for health education in Lauwaki settlement.



Health Promotion Officer Jokapeci Tokalau during group education session in Lauwaki.



Education session about WASH to the children of Lomolomo Kindergarten



Physical Activity demonstration in Natalau Indian Settlement.



Community screening session with the zone nurse of Natabua Vineet Kumar and backyard gardens in Lauwaki Village, Viseisei Village and Lomolomo Settlement.

Community Action Plan (CAP2)

CAP2 was another project derived out of FCDP. In this project two trained staffs from VSHC were involved with the communities in Lauwaki and Lomolomo in helping the communities identify their issues and draw up an action plan.

The project was able to build staffs individual capacities in community engagement and shared their knowledge with other staff to help improve our community outreach programs and the professional development of the Community Health Workers.

Community development plans and community action plans for Lauwaki & Lomolomo Villagse as well as Lauwaki & Lomolomo Settlements were developed.

Established Development Committees in the two settlements and revitalize the existing Village Development Committees (VDC) in the two villages.

The communities were engaged and assisted to draw up their own Community Development Plan (CDP).

Projects VS Cyclone Winston:

Both projects were severely affected by Cyclone Winston in 2016. Cyclone Winston threw up an unexpected challenge. Fortunately, Viseisei and surrounds were only mildly affected compared to the devastated area surrounding Rakiraki. VSHC was ready and open as soon as the surrounding roads were cleared. We were without power and needed to arrange for generators to maintain services. FCDP kindly agreed to review the project output so that VSHC staffs could assist with cyclone relief work. Within two days of Winston, a VSHC team went on a scouting mission to the worst affected areas of Ra taking emergency food rations for distributions. For almost a month both project activities were on hold as most of the communities were busy recovering from aftermaths of cyclone Winston.

VSHC Winston Response



Picture on the left shows a medical student with Viseisei team conducting temporary repairs at Nanukuloa Health Centre.

Picture on the right shows the VSHC clinic bus at badly damaged Waimaro Health Centre. Staffs from VSHC are helping the clinic nurse with her work.

Wellness Project Staffs:

Project Nurse and Team Leader- Daikisi Daivalu

Health Promotion Officers- Alvin Kumar, Jokapeci Tokalau and Rusiate Tora

Project Nurses- Amelia Vugakoto and Namrata Patel

Driver- Solomon

The NCD Project was funded by:

**Australian
Aid** 

**Supported by Fiji Community
Development Program**

Maintenance of VSHC

VSHC began in 2011. It has been in operation for past 5 years and there are some maintenance work that is required at the Health Centre. Things like painting and refurbishment are needed to maintain the Health Centre to same standards. Plans are underway so that the Health Centre is painted again this year.

The Mobile Clinic bus has been usually used for outreach to reach out to communities in remote areas. Both the projects used the bus to conduct Pap Smear Screening in local rural communities. VSHC also has a van that is used to carry out project activities.

Staff movements

2016 saw a lot of staff movements. With extension in FCDP project, 4 new staffs were recruited. This recruitment saw two Health Promotion Officers Alvin Kumar and Rusiate Tora joining the team. A project nurse Amelia Ake and a dietician Rylene Chand were also recruited. For EU project Community development officer, Renivani and Data Entry Officer Roshini were recruited. Two staffs from Empower Pacific, Professional Counselor Nisha Khan and Social Worker Rusiate have also been based at VSHC.

Formation of Youth Group

The staffs at the health centre have formed a youth group to help the unprivileged ones in the societies. The group is named Inspiration Network and so far it has conducted two activities. The first activity was a Physical Activity day for Vuda Cluster. Activities like soccer, rugby and volleyball were held. After this activity, the money that was collected was used to give out shoes to the poor and needy primary school children in the 5 schools within the cluster.



(Youths from across Vuda Cluster during Physical Activity day)



(Shoes being given to the students of Lomolomo Primary School)

2016 VSHC Calendar

<u>Dates</u>	<u>Event</u>
18 th January	EU Project
1 st February	FCDP Project began
20 th February	TC Winston
27 th February	Invited by DISMAC to restored health facilities
8 th March	International Women's Day
22 nd April	Dato Jagadishan
25 th April- 29 th April	NZ Sai Medical Camp
22 nd May- 2 nd June	Budyong came to Fiji for Repairs
17 th June	EU Launch by Adrew Jacobs
23 th August-27 th August	Australian Sai Camp
21 st November	HE Margaret Twomey visits VSHC for end of the collaboration event

Volunteers

2016 was a very busy year for VSHC. The Health Centre continuously received volunteers from Australia, New Zealand, USA and England. VSHC does not have any dieticians and the support provided by the volunteers was tremendous. The Dieticians really helped the team in uplifting their skills and knowledges on diet counselling and education in the communities. VSHC appreciates the knowledge and expertise brought to the Health Centre by Danielle Cooper, Gabi Francis, Lucinda Logan, Dr. Janiviv Kang, Kaylie Zong, Stephany Pearce, Kyla Covey from Australia, Uma kenedy and Laci Dunn (Canada), Emma from United Kingdom, Melisa and Melinda from Ireland, Karla Burgey and Savanah Cox from USA.

Report from the Admin & Finance Department

The year 2016 was a very challenging year for the Admin & Finance department.

This year marked the beginning of:

1. CCOHSI project funded by European Union.
2. And another successful project for Empowering Communities for Wellness in conjunction with FCDP was also carried out VSHC team.
3. With these projects grants from IWA was also being utilized for educating teen mother and carrying out activities involving teen mums.

Ernst & Young was involved in the audit of FCDP project.

Further towards the second half of the year 2016, Mr. Neeraj Chand, who joined VSHC in year 2015 was given an advancing opportunity s career and moved to Tonga. He was replaced by Mrs. Saral Sanjeshni who had worked with Coms Limited, Luxury Pools (Fiji) Ltd and Coral Sun Fiji.

With this change, VSHC has been lucky to have the continued support of Mrs. Ashna Chand for the past 3 years.

Meanwhile, Mr. Ashok Kumar resigned from his position as the Director of Finance for VSHC, but provides continued support to VSHC related matter as he is a trustee.

Moving forward, this year has had Trainee Interns sent through Fiji National University to VSHC. While, International Volunteers also provided their services in kind, to VSHC.

DONATION

We have continued to receive cash and in kind donations from individuals and organizations to help VSHC in the daily running and administration. This is acknowledged and issued with receipts accordingly. VSHC is thankful to all its donors for their continued support.

POLICY PROCEDURE MANUAL

VSHC's operational manual is updated to suit the working environment in case of any alteration and adjustment being adapted to. Any change to be implemented is made with the approval of trustees.

FINANCIAL REPORTS

VSHC has continued to maintain its high standards of Accounting Systems and practices to make it more transparent and efficient in decision making.

Interim reports are prepared on a weekly, monthly, quarterly and yearly basis, for the medical directors and trustees. Other reports are made as required by project stakeholders.

ASSET REGISTER

VSHC updates its asset register in which any change is recorded.

We are looking forward for another year full of challenges to encounter, to provide the best VSHC can.

Saral Sanjeshni
Admin & Finance Manager.

Ashna Chand
Assistant Admin & Finance Officer.

LOVE ALL, SERVE ALL